

Journey to Increase your techniques of eMotional Intelligence, digital awareness and entrepreneurship lifestYle



The JIMINY's Action Cards are on the way!

A set of 42 Action Cards were produced by JIMINY project partners and soon will be available in the project's learning platform. The Action Cards are practical activities to support the development of individuals' competences.

After JIMINY Personal Trainer - an artificial intelligence-driven personal trainer - diagnoses individual needs, learners are provided a customised learning path in which the Action Cards play a central role in the development of the required competences.

The subjects of the Action Cards are related to the 7 modules of JIMINY's Self-help Handbook and amongst them there is a wide range of activities such as how to read facial expressions and body language, creating multimedia contents, developing opportunities in personal and professional life, or how to use mindfulness techniques.

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# JIMINY's journey

### JIMINY'S SELF-HELP HANDBOOK



It is one of the main results of JIMINY project and is now available for free in our online learning platform: the JIMINY's Self-help Handbook.

The Handbook is presented in the format of a flipbook and can also be downloaded. By now it is available in English and partners are currently translating it into the 6 languages of the partnership: Romanian, Greek, Portuguese, Spanish, Polish, and Italian.

Partners are also developing training plans to capacitate adult educators and help them delivery the contents of JIMINY Self-help Handbook.

Click in the link below to be directed to JIMINY's Self-help Handbook.

## https://jiminy.erasmus.site/handbook/

#### **PILOTING**

With almost all project results ready to be published in all partners' languages, partners are starting to prepare their pilot trainings.

The trainings will be conducted by each partner in their countries. They will gather a total of 140 adult educators, 20 per country, and the same number of learners.

The feedback of the participants will be collated in a report and any potential improvements in the training materials will be made.

### VIRTUAL PROJECT MEETINGS

In the meantime, the partnership of JIMINY held online meetings in January and February to keep ensuring the on-time implementation of the project with high quality outcomes.



### **PARTNERSHIP**

















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