

# JIMINY



## Journey to Increase your techniques of eMotional Intelligence, digital awareNess and entrepreneurship lilestYle

### About the project

Nowadays, low level of digital competence, can leave a person at a disadvantage, not just on the labour market, but also in society at large. As such, there is a clear link between enhancing digital competence and efforts to create more inclusive and cohesive societies.

Accordingly, both the adult educators and the job seekers need to develop their digital skills. A fundamental skill for any individual to perform well at the workplace and better integrate in the social and economic life of his/her community is also Emotional Intelligence (EQ). Self-awareness, self-management, motivation, empathy and social skills are now recognised as the factor behind personal and professional success.

Another skill that, at the moment, is not taught on a large scale concerns effective application of economic principles, which reveals itself in taking the right economic decisions, and being able to maximize everyone's resources to achieve the personal goals.

### Project's purpose

The aim of JIMINY project is to increase the techniques of emotional Intelligence, digital awareness and entrepreneurship lifestyle among the disadvantaged groups members and adult educators, addressing this way the problems of limited possibilities for employment for low skilled adults, their low motivation to learn, and the lack of basic and specific competencies of adult educators and practitioners.

### Outputs

CCS Digital Education together with its European partners from Romania, Poland, Greece, Italy, Spain and Portugal will develop two learning resources:

- IO1- JIMINY Self-help Handbook.

The Handbook will specifically address the development of different techniques for improving the emotional intelligence, digital awareness and entrepreneurship lifestyle.

- IO2- JIMINY Personal Trainer.

This will be an artificial intelligence-driven personal trainer capable of acting as an end-to-end solution securing and supporting the whole learning and upskilling processes. JIMINY Personal Trainer will be able to diagnose individual needs and provide a customized learning path.

