Journey to Increase your techniques awareNess and entrepreneurship lifestYle of eMotional Intelligence, digital



### PARTNERSHIP











https://jiminy.erasmus.site



MINDSHIFT

CCS Digital Education

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# WHY JIMINY?

Nowadays, low level of digital competence, can leave a person at a disadvantage, not just on the labour market, but also in society at large. As such, there is a clear link between enhancing digital competence and efforts to create more inclusive and cohesive societies.

Accordingly, both the adult educators and the job seekers need to develop their digital skills.

A fundamental skill for any individual to perform well at the workplace and better integrate in the social and economic life of his/her community is also emotional intelligence. Self-awareness, self-management, motivation, empathy and social skills are now recognised as the factor behind personal and professional success.

#### **EMOTIONAL INTELLIGENCE**

ENTREPRENEURSHIP LIFESTYLE

#### DIGITAL AWARENESS

The aim of JIMINY project is to increase the techniques of emotional intelligence, digital awareness and entrepreneurship lifestyle among the disadvantaged groups members and adult educators.

## JIMINY RESOURCES

A partnership from Romania (ADES), Portugal (Mindshift Talent Advisor), Poland (CWEP), Greece (SYMPLEXIS), Spain (Innohub), Ireland (CCS Digital Education) and Italy (LABC), will make available...

A self-help handbook to support the development of different techniques for improving:

- Emotional Intelligence, self-awareness and self-management

- Social awareness, social management, action planning

- Digital awareness, digital skills, digital resources, social media

- Entrepreneurship lifestyle, economically safe decisions

- Self-responsibility, connect dreams-skills-opportunities, goals achievement

- Validation of competences, sense of initiative and entrepreneurship



An artificial intelligence-driven personal trainer to diagnose individual needs and provide a customised learning path.